

# Greenleaves Herbal Healthcare

restoring health naturally



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## The Complete Colon Cleanser

*The Complete Colon Cleanser* is a powerful intestinal cleanser that melts away and oxidises the mucoid plaque compacted in the bowel while providing oxygen to the intestines and bloodstream. Complete Colon Cleanser also cleans the small and large intestine, removing old impacted faeces as it detoxifies and cleans the entire tract—all without the side effects of laxatives or psyllium based cleansers.

**Note: This product causes watery and gaseous stools which could cause you to feel the urge to pass gas. If you are not able to control your bowels, please be careful when using this product. It is recommended that during the 7-day cleanse you have close availability to a bathroom.**

*Complete Colon Cleanser* liquefies and remove the compacted fecal matter in the large intestine, small intestine, and colon. The slow release of oxygen creates a hostile environment for anaerobic bacteria and other toxic matter. These 'oxins are removed while maintaining the friendly bacteria which are needed for proper digestive and intestinal health.

The by-products are magnesium in an oxide form and nascent oxygen. In its oxide form, very little magnesium is assimilated by the body. It passes, through the intestinal tract, kidneys and bladder, helping to cleanse by delivering oxygen along the way. Therefore, it is the perfect vehicle for transporting oxygen.

It is best to start the 7-Day Cleanse on a Friday evening. This way you will more likely have access to a bathroom for longer periods of time. Continuing the cleanse should be manageable as long as you have a bathroom nearby.

**Note: If you cannot achieve the cleanse during a continuous 7 day period, it can be done successfully over a series of weekends.**

*The Complete Colon Cleanser:*

- High quality oxygen intestinal cleanser
- Is a safe natural reliever of acute constipation
- Helps to restore balance to the digestive tract
- Helps to encourage normal bowel movements
- Removes unwanted faeces and debris
- Promotes optimal colon health
- A perfect start to any new health plan
- Helps promote friendly intestinal flora

Ingredients: (all natural)

Ozonated magnesium oxide

Organic Germanium-132

Natural Citric Acid

**Directions for use**

Cleansing: Start by taking 4 capsules in the evening on an empty stomach with a full 8oz glass of water. If you do not achieve 3-5 bowel movements the following day, you will then need to increase the dose by adding 2 more capsules every night until you achieve 3-5 bowel movements the following day. Once you find your dosage, this is day 1 of the 7 day cleanse. Continue through to day 7 on this dosage (or complete the cleanse over a series of weekends on this dosage).

**How will I know when my Colon has been cleansed?**

A reliable sign to indicate that your colon has been cleansed is an absence of gassy or watery stools and a return to solid bowel movements on taking your usual dose of the Complete Colon Cleanser.

Suggestions: Drink lots of pure water, as this will help the body to eliminate toxins from the bowel faster. This product works with your body's stomach acid; if your level of stomach acid is below normal, it may hinder the effective of the treatment. A suggestion is to squeeze a wedge of lemon into the 8oz glass of water taken with the Complete Colon Cleanser in the evening.

Maintenance: Use the same dosage that you used for the 7 day cleanse, but take it once or twice weekly. The dosage can be taken indefinitely without becoming habit forming or harmful to the body. Alternatively, the cleanse can be repeated every three to six months if your diet is already high in fibre and living foods.